

## Iceland – Quarantine in McRent motorhomes

International tourists, who arrive in Iceland are tested twice for Covid-19. After the first test, they need to be quarantined and after 5 days they have to do the second test. In case both tests are negative, customers can travel in Iceland without limitation. It is allowed to spend the quarantine period between two test in a motorhome.

The first test is taken upon arrival to the country (airport). Guests must pre-register, prior to arrival in Iceland: <https://visit.covid.is/>. Guests are also required to download the tracking application Ráknng C-19: <https://www.covid.is/app/en>. Until they receive the test results from the first test, they are not allowed to leave the Keflavik area, or the motorhome.

Customers can shop online e.g. at the Netto supermarket chain in Keflavik.

Here you can find some helpful information regarding online shopping: <https://www.aha.is/en/>.

The Netto store in Keflavik that can send groceries to people is here:

<https://www.aha.is/en/stores/netto-krossmoa>.

Once they have received the results from the first test and it is negative (individuals not infected) they are allowed to leave the area to a permanent fixed campsite, where they have to stay until the results from the second test are in.

Information on sites where people can take the second test can be found here:

<https://www.landlaeknir.is/um-embattid/greinar/grein/item42633/COVID-19-Border-Testing>.

Time between first test at the airport and the second test are normally 5 days, but guests will receive a barcode on day 4 of their stay, which they need to use for the second test. Until results from the second test are in, guest must adhere to quarantine and stay in the second place (e.g. campsite) and have to follow the rules of quarantine, see here:

<https://www.landlaeknir.is/servlet/file/store93/item40946/KSJ%20Instructions%20for%20the%20general%20public%20on%20home-based%20quarantine%2004.04.2020.pdf>.

We would recommend that guests go to the campsite in the township of Selfoss in the South (<https://gesthus.is/campsite/>). There it is possible to shop for groceries online and have them delivered to the motorhome from the Netto supermarket in Selfoss:

<https://www.aha.is/en/stores/netto-selfossi>.

Guests are allowed to stay in the campsite in Selfoss during quarantine, but they cannot use the facilities there (such as bathroom, etc.) and they must remain in the vehicle. They can of course empty the toilet tank etc., but need to stay away from other guests at the campsite as well as other people in the township.

Other possibilities are at hand, but the driving distance to the township of Selfoss is not too great and the second test can be taken there at the hospital in Selfoss:

<https://www.landlaeknir.is/umembattid/greinar/grein/item42633/COVID-19-Border-Testing>. The address of the health care clinic is: Árvegur, 800 Selfoss: <https://en.ja.is/heilbrigdisstofnun-sudurlands/>.

After having received the results of the second test and they are negative (guests are not infected), the customers may continue on their way around Iceland without hindrance, but they are reminded to be careful and respect the 2 meter distance rule. We would also advice to use masks in public and preferably also single use gloves.

Always if tests are positive (individual/s i/are infected) these guidelines apply:

<https://www.landlaeknir.is/servlet/file/store93/item39066/Instructions%20for%20the%20general%20public%20on%20home-based%20isolation%2028022020.pdf>.